

Using Universal Strategies to Support Social-Emotional Learning

Brainstorm ways you can use the universal strategies from this lesson to support the children in the following scenarios. Think about how using the strategies supports the five core CASEL competencies. Discuss your responses with a coach, trainer, or administrator.

1. A 4-year-old in your care frequently knocks over open cups during meals.
2. An 8-year-old in the school-age program shows off to friends by throwing silverware into the trash can from afar.
3. In an infant-toddler room, there are several infants who are 6 weeks to 6 months of age. You have tummy time with several of the infants who are awake.
4. In the preschool classroom, you generally plan to have a 15-minute whole group circle time each day which ends with reading a book. You have thought about that children this age are most successful when whole group activities are limited to this time frame. The children are especially engaged in the story you have chosen today. As a group they spontaneously ask complex questions, make inferences, and count the words on each page. Normally, story time is when some of the children are restless and become distracted or chat among themselves.