Ham Sandwich

Meat/Meat Alternate					Sandwiches KSU Developed
	48 Servings		Servings		
Ingredients	Weight	Measure	Weight	Measure	Directions
Sliced ham luncheon meat	8 lb				For each sandwich, portion 2.68 oz of sliced ham onto each bottom slice of bread.
WGR bread, slice, 1 oz		96 slices			 NOTE: 2.68 oz. = 4 pieces of sliced honey ham, code no: 32187-414, Tyson Foods, Inc. or 4 pieces of sliced smoked ham, code no: 32186-414, Tyson Foods, Inc. Distribute the meat evenly and top with a second slice of bread. Cut into four even quarter pieces if serving children age 5 years and under. Cover. Refrigerate until service. Reduce the volume or size of foods before cooling. Cooling must progress from 70° F to 41° F within four hours for safety. Store ready to eat foods on the top shelf of refrigerator and protect from cross contamination by raw foods. Cold foods must be held under temperature control at 41° F or lower. Food temperatures must be checked every four hours, and discarded if found to be greater than 41° F. Serve with mustard, mayonnaise, and/or salad dressing.

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Notes:

Nutrient information in progress.

Note: Per CN label for Tyson sliced honey or smoked ham, WA 2.68 oz sliced ham luncheon meat = 2 oz meat

Serving: 1 sandwich provides 2 oz equivalent meat/meat alternate and 2 grain equivalents.	Yield:
1-2 years: varies, see menu	48 Servings: 48 sandwiches
3-5 years: varies, see menu	
6-18: varies, see menu	96 Servings: 96 sandwiches

Nutrients Per Serving				
Calories	Saturated Fat	Iron		
Protein	Cholesterol	Calcium		
Carbohydrate	Vitamin A	Sodium		
Total Fat	Vitamin C	Dietary Fiber		