## Sunflower Seed Butter and Jelly Sandwich

Meat/Meat Alternate
KSU Developed

|  | 48 Servings |  | Servings |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Ingredients | Weight | Measure | Weight | Measure | Directions |
| Sunflower seed butter | 3 lbs 8 oz |  |  |  | 1. Portion 2 Tbsp sunbutter and $12 / 3$ Tbsp jelly onto each two slices of bread. |
| Jelly |  | 5 cups |  |  | 2. Cover. Refrigerate until service. |
| WGR bread, slice, 1 oz |  | 96 |  |  | 3. CCP: Cool to $41^{\circ} \mathrm{F}$ or lower within 4 hours. |
|  |  |  |  |  | 4. CCP: Hold at $41^{\circ} \mathrm{F}$ or colder. |
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## Notes:

Nutrient information from Food Processor

| Serving: 1 sandwich provides 1 oz equivalent meat/meat alternate and 2 <br> grain equivalents. | Yield: |
| :--- | :--- |
| 1-2 years: not for under 6 | 48 Servings: $\mathbf{4 8}$ sandwiches |
| 6-18:1 full sandwich | $\mathbf{9 6}$ Servings: $\mathbf{9 6}$ sandwiches |


| Nutrients Per Serving |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :---: | :---: |
| Calories | 472 kcal | Saturated Fat | 2.15 g | Iron | 3.77 mg |  |  |
| Protein | 5.72 g | Cholesterol | 0.86 mg | Calcium | 102.01 mg |  |  |
| Carbohydrate | 58.30 g | Vitamin A | 0.86 RAE mcg | Sodium | 322.76 mg |  |  |
| Total Fat | 21.27 g | Vitamin C | 1.67 mg | Dietary Fiber | $9.82 \mathrm{~g} \mathrm{(2016=1.89} \mathrm{grams)}$ |  |  |

