Turkey Pita Sandwich
Meat/Meat Alternate, Grain, Vegetable

|  | 48 Servings |  | Servings |  |
| :--- | :---: | :---: | :---: | :---: |
| Ingredients | Weight | Measure | Weight | Measure |
| Sliced turkey luncheon meat | 9 lbs |  |  |  |
| WGR pita (2 oz) |  | 48 each |  |  |
| Spinach, ready to eat | 4 lbs |  |  |  |
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## Directions

1. Cut eat 2 oz WGR pita into two semicircular halves.
2. If serving children age 5 years and under, chop spinach.
3. Fill each pita half with $11 / 2$ oz of sliced turkey and $1 / 4$ cup spinach. Distribute the meat and spinach evenly.
4. NOTE: $1 \frac{1}{2}$ oz sliced turkey $=3$ pieces of sliced over roasted turkey breast (Jennie-O), 2099; commodity code: A534/100124.
5. For advance prep, package the spinach separately.
6. If serving children age 5 years and under, cut each semi-circular half into two even pieces.
7. Cover. Refrigerate until service.
8. CCP: Cool to $41^{\circ} \mathrm{F}$ or lower within 4 hours.
9. CCP: Hold at $41^{\circ} \mathrm{F}$ or colder.
10. Serve with mustard, mayonnaise, and/or salad dressing.

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## Notes:

Nutrient information from Food Processor based on 2 oz pita bread and 3 oz sliced turkey luncheon meat $=2$ oz creditable meat.

| Serving: 1 full pita sandwich provides 2 oz equivalent meat/meat <br> alternate, 2 grain equivalents, and $1 / 2$ cup of vegetables. | Yield: |
| :--- | :--- |
| 1-2 years: not for under 3 years of age | 48 Servings: $\mathbf{4 8}$ sandwiches |
| 3-5 years: 3 quarter pieces of sandwich |  |
| 6-18:1 full sandwich (2 semi-circular halves) | $\mathbf{9 6}$ Servings: $\mathbf{9 6}$ sandwiches |


| Nutrients Per Serving |  |  |  |  |  |
| :--- | :---: | :--- | :---: | :--- | ---: |
| Calories | 267.25 | Saturated Fat | 1.61 g | Iron | 3.12 mg |
| Protein | 22.64 g | Cholesterol | 45.00 mg | Calcium | 45.53 mg |
| Carbohydrate | 34.06 g | Vitamin A | 177.39 RAE mcg | Sodium | 678.67 mg |
| Total Fat | 5.12 g | Vitamin C | 11.82 mg | Dietary Fiber | $4.66 \mathrm{~g} \mathrm{(2016=0.83g)}$ |

