

## Back-to-Back Communication Activity

Communication is a vital skill, but not everyone is aware of their communication strengths and needs. This activity will provide a playful way for you to get to know staff members and their communication strategies. Follow the directions below to lead a fun and informative team builder. Then reflect with staff using the questions at the end of the activity.

What you will need:

- Printed copies of page 2 (You will need 1 paper for every 2 participants)
- Blank sheets of paper and a writing utensil for each pair
- Optional clipboards or hard writing surfaces

Directions:

1. Have participants sit back-to-back on the floor or on chairs. Partners should not be able to see each other's hands.
2. Give Partner 1 a printed copy of page 2.
3. Give Partner 2 a blank sheet of paper and writing utensil.
4. Ask Partner 1 to choose one of the figures on page 2. Ask Partner 1 to describe the figure to her partner.
5. Based on this description, Partner 2 should try to draw an image that matches Partner 1's original. No peeking! Partner 2 is allowed to ask questions.
6. When Partner 2 is satisfied, ask each partner to reveal their figure. Compare the creations.

Reflection Questions:

1. What strategies did you use to communicate?
2. What did you get stuck on? What was difficult? What was easy?
3. What did you realize about each other's communication styles or preferences?

Figure 1

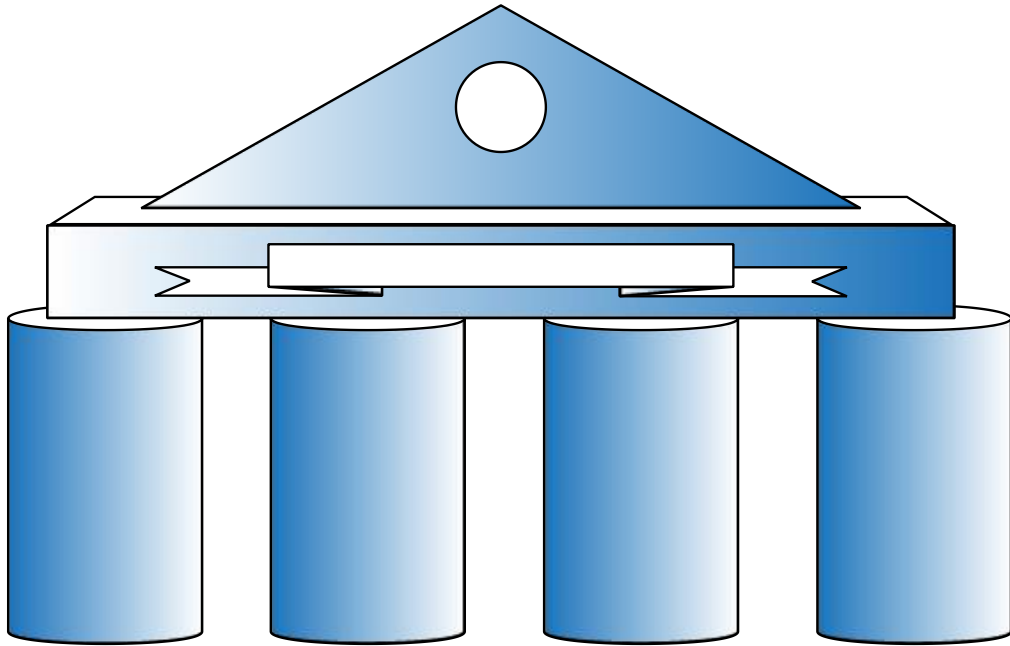


Figure 2

