Exploring Creativity

How do *you* define creativity? What are your views about your own creativity? Take some time to reflect on how you feel about creativity. Your trainer, coach, or family child-care administrator will collect this survey and use your responses to learn more about how to nurture creativity in the workplace.

1. I consider myself a creative person:
    a. All the time
    b. Most of the time
    c. Some of the time
    d. Rarely
    e. Never

2. I use creativity in my work:
    a. Constantly
    b. Most of the time
    c. Sometimes
    d. Rarely

3. When I was a child, I enjoyed (select all that apply):
    a. Painting or drawing
    b. Making music
    c. Writing
    d. Dancing
    e. Athletics
    f. Building things or taking things apart
    g. Exploring the outdoors
    h. Making up plays etc. with friends/family

4. What specifically did you enjoy about the creative outlets you listed in question 3? For example, if you listed athletics, is that because you played basketball with your friends?

5. Do you still enjoy those things now? Why or why not?

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6. Think about and record how you can use the creative outlets you listed in question 4 to add creativity into your learning environment. For example, if you listed writing poetry, you could use that skill to lead children in a reading or poetry-writing exercise. If you listed playing the piano, you could share that talent with children and tell them all about your passion, plan music-appreciation activities, or invite children to make their own musical instruments and play music together.

7. I feel creative when … (circle all that apply)
    a. I am outside
    b. I am at home
    c. I am alone
    d. I am talking with others
    e. Working with children
    f. Other _____

8. What do you think is most important for helping an adult feel creative at work?
    a. Fun and friendly environment
    b. Flexibility
    c. A mentor who values creativity
    d. Recognition for creativity

9. When I encounter a problem, I …
    a. Pretend it is not there
    b. Talk to someone about it
    c. Look for solutions on my own

10. What do you like to do in your free time?

11. What do you think adults should do to nurture creativity in children?

12. My own definition of creativity:

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