Reflection: Personal Creativity

Taking the time to reflect on your own creativity is an important aspect of being a school-age staff member. This activity will give you the opportunity to think about ways you are creative in your own life and how you can apply this to working with school-age children. Please answer the following questions and share your work with your supervisor, trainer, or coach.

1. In your own words, define creativity.

2. Think back to when you were a school-age child. What types of creative activities did you enjoy? Do you still take in part in any of those same activities today?

3. As an adult how do you express your creativity? Think about hobbies, skills, or activities you enjoy doing. Some examples are: crafting, painting, decorating, singing, dancing, writing, etc.

4. Think about and record how you can use the creative outlets you listed in question 3 to add creativity into your learning environment. For example, if you listed writing poetry, you could use that skill to lead school-age children in a poetry-writing exercise. If you listed playing the piano, you could share that talent with school-age children and tell them all about your passion, plan music-appreciation activities, or invite children to bring their own musical instruments and play music together.