Supporting Military Families: Resources

Use these resources to learn more about supporting military families and children from military families in your care. You may also want to share some of these resources with families.

United Through Reading [http://www.unitedthroughreading.org/]
This website’s mission is to unite military families facing physical separation by engaging in the experience of reading aloud together.

National Military Family Association [http://www.militaryfamily.org/]
The website provides information and resources for topics such as child care, health care, spouse employment options, schools, caring communities, retirement, and support for widows and widowers.

Deployment Kids [http://www.deploymentkids.com/index.html]
This website provides information and resources for children, and includes games and activities for children dealing with deployment in their family.

Military Child Education Coalition [http://www.militarychild.org/]
The website offers a variety of resources and services for family members and professionals that promote quality educational experiences for children in military families.

The National Center for Grieving Children and Families [http://www.dougy.org/]
Be sure to look at the following sections in the website:
- Grief resources
- Help for kids
- Help for adults
- Books and DVDs

Sesame Street Tool Kids [https://www.sesamestreet.org/toolkits]

American Red Cross [http://www.redcross.org/what-we-do/support-military-families]
The website offers information about resources for military families.

Military Family Support [http://www.militaryfamilysupport.org/]
This website offers opportunities for families to share their stories, connect with each other, and provides links to the different military branches.