

Food Allergies at My Center Checklist

Which of the eight major food allergens are noted in allergy action plans at your center?
Which foods do you have on hand that contain these allergens?

Food Product	Noted in Files?	Product On Hand?
Milk		
Eggs		
Fish		
Crustacean shellfish (e.g. crab, lobster, shrimp)		
Tree nuts (e.g., almonds, walnuts, pecans)		
Peanuts		
Wheat		
Soybeans		

Other Allergens:		
1.		
2.		
3.		
4.		