

## Milestones of Social-Emotional Development

Use the following chart as a resource for yourself regarding children's behaviors in preschool.

### Social Emotional Development for Preschoolers

From U.S. Centers for Disease Control and Prevention. *Learn the Signs. Act Early: Developmental Milestones.*

Accessible from <http://www.cdc.gov/ncbddd/actearly/milestones/index.html>

By 3 years, preschoolers:	<ul style="list-style-type: none"> <li>• Copy adults and friends</li> <li>• Show affection for friends without prompting</li> <li>• Take turns in games</li> <li>• Show concern for crying friends</li> <li>• Understand the idea of "mine" and "his" or "hers"</li> <li>• Show a wide range of emotions</li> <li>• Separate easily from mom and dad</li> <li>• May get upset with major changes in routine</li> <li>• Dress and undress self</li> <li>• Name a friend</li> <li>• Carry on a conversation using 2-3 sentences</li> <li>• Play make-believe with dolls, animals, and people</li> </ul>
By 4 years, preschoolers:	<ul style="list-style-type: none"> <li>• Enjoy doing new things</li> <li>• Play "mom" and "dad"</li> <li>• Is more creative with make-believe play</li> <li>• Would rather play with other children than alone</li> <li>• Cooperate with other children</li> <li>• Often can't tell what's real and what's make-believe</li> <li>• Talk about likes and interests</li> <li>• Understand the idea of "same" and "different"</li> <li>• Play board or card games</li> </ul>
By 5 years, preschoolers:	<ul style="list-style-type: none"> <li>• Want to please friends</li> <li>• Want to be like friends</li> <li>• More likely to agree with rules</li> <li>• Like to sing, dance, and act</li> <li>• Show concern and sympathy for others</li> <li>• Are aware of gender</li> </ul>

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|  | <ul style="list-style-type: none"><li>• Can tell what's real and what's make-believe</li><li>• Show more independence</li><li>• Is sometimes demanding and sometimes very cooperative</li></ul> |
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