Helping Young Children Understand Germs and Healthy Practices

Part of creating and maintaining healthy environments involves helping young children learn about healthy practices, what germs are, and how to help prevent the spread of germs. Take some time to explore some of the resources listed in the Explore section of Lesson 1 within the Preschool track Healthy Environments course.

Now, make a list of the ideas you want to try in your classroom. What activities, books or experiences will you try to help young children learn about germs and healthy practices?