Non-Toxic Plant List

(Adapted from: The Oregon Poison Center, Poison Plant List)

**NON-TOXIC PLANT LIST**
- The "GOOD" Plants

The following plants are considered to be "good" or nonpoisonous. Symptoms from eating or handling small amounts of these plants are unlikely to occur. However, some individuals may be more sensitive or react differently to any of these plants.

Remember, any plant may cause unexpected problems. This includes choking. Always check with your local poison center if a plant is eaten.

Abelia  
African daisy  
African violet  
Air fern  
Aluminum plant  
Asparagus fern  
Aster  
Baby's breath  
Baby tears  
Bachelor button  
Bamboo  
Begonia (except sand begonia)  
Bleeding heart vine  
Bloodleaf plant  
Boston fern  
Bromeliad  
Bougainvillea  
Butterfly tulip  
Cactus, Christmas  
Camellia  
Chinese evergreen  
Coleus  
Columbine  
Corn plant  
Croton (Codiaeum) Creeping  
Charlie (house plant)  
Dahlia  
Dandelion  
Dionaea muscipula (Venus flytrap)  
Dracaena  
Easter lily  
Elm tree  
Eugenia  
False aralia  
Flongleftrightarrowo;tonia, red  
Forsythia  
Friendship plant  
Fuchsia  
Gardenia  
Gloxinia  
Goldfish plant  
Grape ivy  
Hawthorne  
Hens and Chicks  
Hibiscus  
Impatiens  
Jade plant  
Japanese aralia  
Kalanchoe  
Lipstick plant  
Maidenhair fern  
Magnolia bush  
Marigold  
Mountain ash  
Nasturtium  
Parlor palm  
Patient Lucy  
Peperomia  
Petunia  
Phlox  
Piggyback plant  
Polka dot plant  
Prayer plant  
Pregnant plant  
Purple passion  
Rose  
Schefflera  
Snapdragon  
Snake plant  
Snowball bush  
Spider plant  
Spider aralia  
Staghorn fern  
Swedish ivy  
Swordfern  
Tiger lily  
Umbrella tree  
Velvet plant  
Wandering Jew  
Wild onion  
Yucca Zebra plant  
Zinnia, creeping
Common Questions about Plants

Q: What if I'm not sure of the name of my plant?
A: Take parts of the plant to a master gardener working at your local nursery. Then call the poison center with the Latin or commonly known name of the plant for further instructions.

Q: Where can I find photos of some of these plants?
A: An excellent web resource is the National Capital Poison Center site. This resource provides plant information and pictures. https://www.poison.org/articles/plant#nonpoisonousplants

Disclaimer

Inside the U.S., you can call the American Association of Poison Control Centers hotline number (1-800-222-1222) for all poison emergencies and questions or visit their website at http://www.aapcc.org.