Supporting Physical Development

Have you ever been asked to do something before you were ready? Or been pushed to achieve something? If yes, how does your experience relate to infants and toddlers and their physical development?

What is the value of and advantages to offering infants and toddlers the opportunity to develop at their own pace? Do you believe there are any disadvantages?
Which interactions and experiences do you believe make a difference in supporting infant and toddler physical development?