

Self-Assessment: Are You a True Professional?

(Adapted from G. Schweikert, *Winning Ways for Early Childhood Professionals: Partnering with parents*, 2014)

Directions: Circle the response that you believe best describes how often you engage in the following professional behaviors. You might also ask a trusted supervisor or colleague to evaluate you. Compare your self-assessment to their evaluation of you. Are there professional behaviors you would like to focus on in your individual growth plan?

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|---|--------|---------|-----------|-------|
| 1. I maintain a professional appearance by dressing appropriately and presenting myself in a professional manner. | Always | Usually | Sometimes | Never |
| 2. I act professionally by maintaining confidentiality. | Always | Usually | Sometimes | Never |
| 3. I act professionally by being on time. | Always | Usually | Sometimes | Never |
| 4. I continue to learn new things that increase my competence and confidence as a leader. | Always | Usually | Sometimes | Never |
| 5. I am knowledgeable about child development and best practices in youth programs. | Always | Usually | Sometimes | Never |
| 6. I am prepared for work by being physically present and mentally engaged. | Always | Usually | Sometimes | Never |
| 7. I have a good attitude at work and show my positive attitude through my actions and conversations. | Always | Usually | Sometimes | Never |
| 8. I realize that my job requires me to care for children <i>and</i> their families. | Always | Usually | Sometimes | Never |