Mentoring for Program Improvement

An important part of your trainer, coach, mentor, or family child care administrator's job is to provide you with effective mentoring. Take some time to read the article, “Mentoring and Coaching: Distinctions in Practice.” The link to access this article is provided for you in the Apply section of Lesson Three within the Family Child Care track Program Management Course.

Next, answer the following questions.

1. In what areas would you like to receive coaching or mentoring?

2. Do you find it difficult to reflect on your practice?

3. What steps can you take to ensure you get the most out of coaching or mentoring?