### Reframing the Rules

Children learn best when we give positive directions. Rewrite these rules, so they help children know what to do...instead of what not to do!

<table>
<thead>
<tr>
<th>Original Rule</th>
<th>Reframed Rule</th>
</tr>
</thead>
<tbody>
<tr>
<td>No running</td>
<td>Walk inside; Walking feet</td>
</tr>
<tr>
<td>Don’t hit</td>
<td>Use gentle hands/touches</td>
</tr>
<tr>
<td>No biting</td>
<td>Be safe; Chew on (object)</td>
</tr>
<tr>
<td>No climbing up the slide</td>
<td>Slide down the slide; Be safe</td>
</tr>
<tr>
<td>No pushing</td>
<td>Use gentle hands/touches</td>
</tr>
<tr>
<td>No teasing</td>
<td>Use kind words; Be a good friend; Be respectful</td>
</tr>
<tr>
<td>No whining</td>
<td>Use kind words</td>
</tr>
<tr>
<td>Don’t talk back</td>
<td>Listen; Use kind words; Be respectful (note: this original rule could be disrespectful towards the children and focuses on obedience. Teachers with this rule should reconsider their ideas about relationships with children).</td>
</tr>
<tr>
<td>No talking when the teacher is talking</td>
<td>Be respectful; Be safe; Listen; Take Turns (note: this original rule is not a developmentally appropriate goal for preschool children).</td>
</tr>
</tbody>
</table>