Promoting a Sense of Self: Scenarios

As an infant and toddler caregiver, you work with diverse children and families. Read each of the scenarios below, reflect on the child’s and family’s sense of self, and address how you would promote a positive sense of self. When you are finished, share your responses with your supervisor, trainer, or coach.

Two-year-old Josie is new to your program, and her home language is not English. She is having difficulty falling asleep at naptime. Discuss what actions you might take to address this issue and promote Josie’s sense of self.

_Possible Actions:_

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Denise is a single mom with an 18-month-old son, Darius, in your classroom. Denise has mentioned at drop-off and pick-up that she just can’t seem to keep up with all the demands of single parenting. She says that “she just can’t seem to get it right.” Reflect on what your response might be in support of this family’s sense of self.

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