

## Supervision Resource List

Program directors may find the following list of resources helpful to learning about relationship-focused supervision methods.

Bloom, P. J., Hentschel, A., & Bella, J. (2013). *Inspiring Peak Performance*. Lake Forest, IL: New Horizons Educational Consultants and Learning Resources.

Early Childhood Learning & Knowledge Center. (2018). Reflective Supervision. Retrieved from <https://eclkc.ohs.acf.hhs.gov/family-engagement/developing-relationships-families/reflective-supervision>

Avery, M. W., Beardslee, W. R., Ayoub, C. C., and Watts, C. L. (2008). Self-Reflection and Shared Reflection as Professional Tools. Boston: Children's Hospital. Retrieved from <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/self-reflection-shared.pdf>

Early Head Start National Resource Center at Zero to Three (2010). *Technical Assistance Paper No. 13: Reflective Supervision: A tool for relationship-based Early Head Start services*.

Early Head Start National Resource Center. (2014). Reflective Supervision: Putting it into Practice webcast. Retrieved from <https://eclkc.ohs.acf.hhs.gov/video/reflective-supervision-putting-it-practice>

Heffron, M. C., & Murch, T. (2012). *Finding the Words, Finding the Ways: Exploring reflective supervision and facilitation* (DVD and manual). San Francisco, CA: West Ed.

Heller, S. S., & Gilkerson, L. (Eds.) (2011). *A Practical Guide to Reflective Supervision*. Washington, DC: Zero to Three.

Leinfelder, J., & Segal, M. (2005). *Coaching for Quality in Infant-Toddler Care: A field guide for directors, consultants, and trainers*. Washington, DC: Zero to Three.

Luckenbill, J. (2012). Getting the Picture: Using the digital camera as a tool to support reflective practice and responsive care. *Young Children*, 67, 28-36.

Schweikert, G. (2013). *Being a Supervisor: Winning ways for early childhood professionals*. St. Paul, MN: Redleaf Press.

Watts, C. L., Ayoub, C. C., Avery, M. W., Beardslee, W. R., and Knowlton-Young, K. (2008). *Supportive Supervision: Promoting staff and family growth through positive relationships*. Boston: Children's Hospital. Retrieved from <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/supportive-supervision-promoting-staff-positive-relationships.pdf>

Zero to Three. (2016). *Three Building Blocks of Reflective Supervision*. Retrieved from <https://www.zerotothree.org/resources/412-three-building-blocks-of-reflective-supervision>