Promoting a Sense of Self: Scenarios

As a preschool teacher, you work with diverse children and families. Read each of the scenarios below, reflect on the child and family’s sense of self, and address how you would promote a positive sense of self. When you are finished, share your responses with your supervisor, trainer, or coach.

Three-year-old Josie is new to your preschool program, and her home language is not English. She is having some difficulty falling asleep at naptime and following routines at circle time, etc. Discuss what actions you might take to address these issues and promote Josie’s sense of self.

Possible Actions:

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Denise is a single mom with a four-year-old son, Darius, in your classroom. Denise has mentioned at drop-off and pick-up that she just can’t seem to keep up with all the demands of single parenting. She says that “she just can’t seem to get it right.” Reflect on what your response might be in support of this family’s sense of self.

Possible Actions:

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Four-year-old Millie insists on having your help when eating at snack time and also at lunch time. Millie’s father is preparing to deploy, and her parents share that everyone in the family is feeling anxious. What steps can you take to support Millie and her family as well as promote their participation in Millie’s sense of self?

**Possible Actions:**

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