



## Adapting to Environments

Adapting one's behavior to reflect the values or norms of a particular environment or situation can be a difficult skill for school-age children to master. To support children's learning, it is important to reflect on how you use this skill in your own life.

Think of environments you are a regular part of and what kind of behavior changes you make to reflect the values or norms of these environments. Record your thoughts in the chart below.

Environment	Modified Behavior
Public Library	When I enter a public library, I turn the sound off on my cell phone and speak in a soft voice.
Friend's Home	When at my friend Rina's house, I take my shoes off upon entering even though I keep them on at home.