

**JUNE 2023**  
**ACTIVITY PLAN UPDATES: BIRTH–36 MONTHS**

The following activity plans have been revised to accommodate changes in the availability of required (R) and optional (O) books. The revised plans have replaced the original plans on the VLS site. Also, revised Materials Lists have replaced original Materials Lists on the VLS site.

**Birth - 12 Months**

- Block 16      Physical Health: Option 2 (R)
- Block 18      Physical/Health: Interest Area (R)
- Block 20      Cognitive: Option 1 (O)  
                  Physical/Health: Option 3 (R)  
                  Communication/Language: Options 1-3 (R)

**12 - 24 Months**

- Block 1      Physical Health: Option 3 (O) and Interest Area (O)
- Block 5      Physical/Health: Interest Area (R)
- Block 7      Self-Regulation: Family Child Care (R)
- Block 9      Cognitive: Options 1-3 (R) and Interest Area (R)

**24 - 36 Months**

- Block 2      Communication/Language: Interest Area (O)
- Block 8      Physical/Health: Option 1 (O) and Interest Area (R)
- Block 9      Cognitive: Option 1 (R), Option 2 (O) and Interest Area (O)
- Block 12     Communication/Language: Option 2 (O) and Interest Area (O)
- Block 13     Self-Regulation: Option 1 (O) and Option 2 (O)
- Block 14     Communication/Language: Option 2 (O)
- Block 15     Social-Emotional: Option 2 (O)
- Block 20     Communication/Language: Options 1-3 (R) and Interest Area (R)
- Block 22     Cognitive: Option 3 (O)  
                  Physical/Health: Option 1 (O)
- Block 23     Communication/Language: Options 1-2 (R) and Interest Area (R)  
                  Cognitive: Option 2 (O)