

**JUNE 2023**  
**ACTIVITY PLAN UPDATES: 3–5 YEARS**

The following activity plans have been revised to accommodate changes in the availability of required (R) and optional (O) books. The revised plans have replaced the original plans on the VLS site. Also, a revised Materials List has replaced the original Materials List on the VLS site.

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|---------|---|
| Week 3  | Self-Regulation: Day 2 (O)                |
| Week 42 | Physical/Health: Option 3 added (no book) |